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LETTER FROM THE PRESIDENT

Professor Sir Simon Wessely

It's hard to believe that I have now been President of the College for more than 6 months. Most of the time it has felt like I have joined the cast of my favourite programme, *The West Wing*, except that I am the only member of the cast who hasn't got a script. But it's steadily getting better, and it's certainly not boring. Not ever.

The good news – psychiatry and mental health continues to be high in the news and political agenda. The importance of 'parity of esteem' between physical and mental health has been recognised not only by government, but by all the political parties in the run-up to the general election in 2015. The bad news – there is no more money. So we will have to keep the pressure up to ensure at least some of the broad sunlit uplands that we are promised will actually come to pass. It is not all bad though – we have already achieved things in developing more liaison services and more CAMHS Tier 4 beds.

As is customary, when you start, there is a brief media circus, in which journalists interview you at length in the hope you will say something interesting. And try as one will, it is very difficult to remain completely bland and boring for an hour, so usually something slips out, and inevitably that is the story.

So, I got a lot of column inches and even a *Times* leader on my first day, courtesy of my views on the dangers of over-medicalisation and professionalisation of distress. I also talked about under-recognition and diagnosis, but inevitably the focus was on my concerns about the pathologisation of childhood.

Sarah Boseley then interviewed me for a *Guardian* exclusive in which I highlighted the need for

government to deliver parity of esteem for mental and physical health services. This time the coverage was for my comments that that there would be a national public outcry if the current statistics about mental health were applied to people with cancer – if only 30% of people got treatment v. 70% who do not get any treatment at all and their condition is not even recognised.

A long interview with *HSJ* went very well – by which I mean everything was so sensible that the journalist started to lose the will to live, perking up only with a side swipe at Monitor – but who doesn't do that. The *Times* had another go – this time focusing on my use of 'parity of misery' as a more accurate description of the current situation. And so it goes on – the usual dance in which one party seeks to be statesmanlike, sensible, balanced and so on, while the other looks thoroughly bored until you finally say something interesting.

In September, the College was delighted to host, in its new building in Prescott Street, the launch of the Chief Medical Officer's Annual Report. Dame Sally Davies' report focused, for the first time, on the mental health of the nation. Attended by some 90 of the great and good in healthcare, it was a landmark moment to have England's CMO devoting her influential report to mental health which promised to use her considerable influence to promote her findings and recommendations. Dame Sally is incapable of being boring, and so it proved,



with a demolition job – there is no other word to describe it – on the concept, evidence for and utility of the current fashion around ‘well-being’. As she said, we don’t know what actually it means, how to measure it, nor how to improve it. And I thought I was controversial!

On World Mental Health Day (10 October), I shared the stage with the Health Secretary, Jeremy Hunt, who revealed that, for the first time, data on mental health services will be published on the website, MyNHS, to let patients, families and staff know how services are performing. Hmm... sounds good in theory, but it will only be as good as the data. I had been reminding him that he had promised to bring the concept of the ‘named clinician’ into mental health – I argued if it was good enough for the surgeons and the physicians, it was good enough for us. It seemed to be disappearing from the agenda, so I reminded again. At which point he announced exactly that – of course, it had been written in his speech beforehand, but for once it did sound like a *West Wing* moment. The launch also coincided with the second National Audit of Schizophrenia: not good news – little progress being made with improving the physical health of our patients. We can blame politicians for lots of things, but not that. Must do better!

Closer to home, the College Council has supported my priorities for the next 3 years. These include recruitment and retention (workforce and training), College standards for individual practice and services, and communications and engagement. Most of you probably don’t care, but because of major changes in our governance procedures (we now have a Board of Trustees that deals with all the important but occasionally dull stuff, and also is the arena in which our new – and spectacularly impressive – lay trustees hold us up to independent scrutiny), this means that

Council can now spend longer looking at major policy issues in depth.

At my second meeting of Council, a paper setting out the Psychiatric Trainees’ Committee’s concerns with regard to the use of the term ‘trainee’ was discussed. There was general consensus that we use the word ‘registrar’ rather than ‘trainee’ for all foundation doctors in training in the UK. The suggestion that we also use the term ‘senior registrar’ for those doctors with more experience and seniority, was also accepted. I have to report however that this was also greeted with ironic laughter by those of a certain age, including myself.

So the work goes on. My major concerns remain with recruitment and retention. If we crack that, then all else follows. The expansion of the Foundation Year so that 50% of all junior doctors will do a psychiatry post, is a challenge; but if we get it right, the impact will be profound. We know that we need more, not fewer, psychiatrists in the future – and the 20-year forward look by the Centre for Workforce Intelligence confirmed that; but it is for us to ensure that we attract more medical students into psychiatry to fulfil those posts. I am also very keen that we get working on new student initiatives such as a Student Psychotherapy Scheme in every medical school.

And just as in *The West Wing*, there are moments of fun. I did *Any Questions* in August: once we got started, it was actually enjoyable. Less enjoyable was the 2 days of irritable bowel syndrome between receiving the call and doing the programme. That never happened to President Bartlet. Talking to an audience of 1000 people in a debate with Will Self, not a great admirer of our profession, was also daunting. But it’s great that so many people were prepared to come out on a rainy night to take part in a debate on mental health. Even better – we won.

FROM THE CHIEF EXECUTIVE

Vanessa Cameron

2014 has been an eventful and exciting year for the College. As you know, we moved into our new building in October 2013, to positive feedback from so many of our members and guests.

We were able to hold our prestigious RCPsych Awards Ceremony in our own College for the first time – you will see a report on this excellent event in this review (pp. 10–11). I was delighted that we were able to welcome 300 guests to the College. Having Libby Purves as our host was a treat as she led us through the awards with her unique brand of empathy, knowledge and humour. We were all fascinated to hear of the exceptional achievements of our Lifetime Achievement Award winner, Professor Norman Sartorius.

The new members of the RCPsych were welcomed to their new College in some style at the New Members' Ceremony and we hope very much that these members and their families will continue to use the College as their London base well into the future.

The 2014 International Congress was held in London and was the most successful Congress we have held so far – the delegate numbers exceeded all of our expectations and comments from both UK and overseas delegates have been very complimentary.



We hope that you will all join us at the 2015 Congress in Birmingham which promises to be a great event.

The College Development Office has gone from strength to strength and is now helping us to embark on some very exciting new initiatives. I hope that you will enjoy reading about these plans in the Development report (pp. 7–9).

Finally, I would like to mention one other highlight of 2014. We have retained our certified membership of the Information Standard which covers health and social care information. This is for all our mental health information leaflets. There is a rigorous process to obtain membership and the credit must go to Deborah Hart, the Director of Communications and Policy, and the Public Education Editorial Board.

I hope you will enjoy reading this Annual Review and I look forward to any suggestions or comments you might have.

The core purposes of the Royal College of Psychiatrists are to:

- set standards and promote excellence in psychiatry and mental healthcare
- lead, represent and support psychiatrists
- work with service users, carers and their organisations

COLLEGE GOVERNANCE

The College has undergone a recent change in the way we are governed. As a medical Royal College, we were required to approach the Privy Council in order to make these changes. The proposals were circulated to the membership in 2013 and they came into effect at the Annual General Meeting in June 2014.

The College now has a Board of Trustees which has full management and control of the College, and a Council responsible for professional practice and clinical matters. The President chairs both Committees.

The membership of the Board consists of the President, Dean, Registrar and Treasurer, three elected members (Faculty Chair, Chair of a Division and one Member of the College or Specialist Associate) and three lay trustees who have been appointed after advertisement and interview because they have particular qualifications and expertise which the College requires.

Our Council meets quarterly. It is a large body and has representatives from all parts of the College. It is responsible for all matters relating to education, policy, professional standards and practice, public engagement, quality, research and training.

We thought you might be interested to learn a little more about our first three lay trustees.

RUTH THOMPSON

Ruth Thompson retired from the civil service in April 2009. She had been Director General, Higher Education, since 2006.

Ruth was a career civil servant for more than 30 years. She joined with history degrees from Somerville

College and St Antony's College, Oxford, her DPhil involving a formative year doing research in Argentina. She worked in several central government departments – Treasury, Trade and Industry, Social Security and Education.

Ruth was interim Chief Executive of a government body, Partnerships for Schools, from 2011 to 2012.

Since 2009 Ruth has had a variety of non-executive and voluntary roles. She is Deputy Chair of Governors of Birkbeck, University of London and a Governor of Staffordshire University. She is on the Audit Committee of the Higher Education Funding Council for England and the Advisory Board of the Higher Education Policy Institute and was Vice-Chair of PPC, a south London-based charity providing local authorities and health trusts with services for children and families affected by HIV/AIDS. She is also a Director of Moat Homes Limited (housing association) and Fusion Lifestyle (leisure and fitness social enterprise), Vice-Chair of the Board of London TravelWatch (consumer watchdog) and an Audit Commissioner.

Ruth is a keen swimmer, walker and cyclist and remains very interested in Latin America.

MALCOLM BASING

Malcolm went straight into banking after completing his degree at Cambridge and spent the following years working for UBS in a number of roles both in





the UK and in North America. In 2000 Malcolm decided to leave the world of banking and embarked on a portfolio career which spans non-executive roles in the voluntary, commercial and regulatory sectors.

Malcolm balances paid board work with charity roles, including chairing East Potential, being a member of Sidney Sussex College Cambridge as well as being a nominated member of the Honourable Artillery Company.

As an independent Non-Executive Director at Merrill Lynch International, Malcolm focuses on the changing world of regulation within the finance world.

In addition to all of the above, Malcolm has experience of being a board member of the Clarke Institute (a leading Canadian psychiatric hospital) and has retained an interest in mental health. He believes that mental health services are under-invested in and hopes to be able to influence policy in some small way through his appointment as a lay trustee of the Royal College of Psychiatrists' new Board of Trustees.

NIGEL JONES

Nigel has worked as a lawyer in the healthcare and pharmaceuticals sectors for over 25 years, focusing on intellectual property. He was drawn to law as a way of applying his scientific training (biochemistry (Oxford, 1980–84)) in the business world. Nigel enjoys engaging with people to help them achieve

their potential, personally and for their organisation, using his legal skills and experience as well as his experience as non-executive director/trustee, mediator and coach.

Nigel joined the leading international business law firm of Linklaters LLP in 1986, became a partner of the firm in 1995, and has headed the firm's Healthcare Sector since he established it in 1998. His role brings him into regular contact with senior representatives of the firm's corporate, private equity, banking and pro bono clients in the sector.

In recent years Nigel has become more interested and involved in broader policy and strategic issues, and become involved in activities outside the legal sphere, including non-executive directorship/trustee roles in the social enterprise, charitable and corporate areas; leading Linklaters' Health & Wellbeing initiative and co-founding the City Mental Health Alliance; business coaching; and leading the Linklaters team that commissioned research into Sustainable Innovation in Health by Imperial College London and chairing regular workshops of senior stakeholders on that topic.



DEVELOPMENT PROJECTS

THE PATHFINDER FELLOWSHIPS

Recruitment into psychiatry is one of the most important strategic issues not only for the College but for the profession as a whole within the UK.

The College is responsible for setting and maintaining standards within psychiatry for the UK, for engagement and leadership. The College is committed to public engagement and every element of our work has patient and carer inclusion as we strive to improve the lives of people with mental illness.

The College currently has a membership of around 17,500 psychiatrists but young medical students often decide against psychiatry as it is perceived to be a tough option.

Objective

The Pathfinder Fellowship project was launched in 2012 with the intention of encouraging the brightest medical students to consider mental health and psychiatry and ultimately to choose to make their careers within the profession.

The programme

We have now appointed three cohorts, each of ten Pathfinder Fellows, for a 3-year programme worth

£5,000 per person. This amount enables them to fund their electives and to access continuing professional development materials through the College and our website. Pathfinders are also entitled to free publications (including the *British Journal of Psychiatry* and the *Psychiatric Bulletin*) for the duration of their fellowship.

The Pathfinder Fellows are welcomed into College life with a formal dinner at which they are introduced to the President and Officers of the College, as well as Chairs of the Academic Faculty and the Associate Dean for Recruitment. They Pathfinder Fellows are also invited to attend our annual International Congress each year – and to the Academic Faculty dinner with their mentors and Officers of the College. Again, this has encouraged them to feel part of our 'College family'.

The Pathfinder Fellows undertake to spread the influence of the College by being ambassadors at their medical schools, by writing blogs and papers and by participating as fully as possible in many psychiatry activities.

To read more about the 2013 or 2014 cohorts, please visit:

<http://www.rcpsych.ac.uk/discoverpsychiatry/studentassociates/prizesandbursaries/pathfinderfellowships/pathfinderprofiles.aspx>



Lois Salter, one of 2014's Pathfinder Fellows

THE RCPsych SUSTAINABILITY FELLOW

Dr Daniel Maughan, appointed in 2013

On 1 October, the College held the first sustainability summit run by a medical Royal College in the UK. The summit brought together psychiatrists and other mental health professionals, clinical leaders and academics. There was vibrant discussion about how to tackle issues surrounding sustainability, and which issue should take priority in the busy milieu of clinical practice.



Dr Daniel Maughan, RCPsych Sustainability Fellow, provided an outline of sustainability and its relation to mental health. Sustainability for healthcare is a paradigm that creates a focus on constraining factors that could affect health in the future. The sustainability framework for understanding these factors is the triple bottom line, which includes economic, environmental and social factors. The fact that we are running out of money to fund the NHS is a major issue and 'more of the same is not the answer'. Another major issue is the fact that climate change is currently having a significant effect on

mental health globally. These effects will continue to increase over the next few decades and are starting to affect the UK more each year. Drought, cyclones,

flooding and temperature rise can all negatively affect our well-being and exacerbate mental health conditions. Another issue is the manner in which society is changing with increasing digitalisation of our progressively sedentary lives, overpopulation and hyper-consumerism. 'We have never moved around the world so much and we have never moved ourselves around so little!'

The College is leading the way in developing a conversation about how doctors can get involved and can help mitigate the effects of healthcare on the environment. Other medical Royal Colleges and all doctors need to advocate for a more widespread response to what the World Health Organization has stated is the largest threat to human health in the 21st century.

THE WOLFSON FOUNDATION – AUDIOVISUAL EQUIPMENT IN OUR CONFERENCE SUITE

On Monday 24 November, our President, Professor Sir Simon Wessely, hosted a small reception to thank the Wolfson Foundation for their very generous grant. The College was able to purchase a wide range



of sophisticated audiovisual equipment and lighting for the media room and for various rooms on the first floor at 21 Prescott Street. We have also now purchased an extensive voting system so that we will be able to provide interactive conference sessions for our members in the future.

Paul Ramsbottom, Chief Executive of the Wolfson Foundation, said: 'I was extremely impressed by the new facilities. I am pleased that the Foundation was able to be involved in a modest way'.

As a direct result of this support, the College is now able to host independent training sessions in each of the rooms at the same time as a small conference takes place in the main conference area – which will allow us the flexibility that we hoped to offer in this modern building.

Elsewhere in this review, we have an article about the 2014 RCPsych Awards (pp. 10–11), which were held in our new College building for the first time. Many of our members commented that this was the best awards ceremony so far – and much of the credit for this should go to the new enhanced audiovisual equipment which Wolfson enabled the College to purchase. We are hugely honoured to be among the very august educational institutions supported by the Wolfson Foundation.

THE RCPsych RESEARCH FUND AND THE RCPsych POSTGRADUATE EDUCATION FUNDS

In 2014, the College benefitted from a number of bequests, the most generous of which was the Hamada bequest which is to be used for research in depression. We are currently working to scope this as

a 3-year full-time research fellowship. This is only one of the research posts that we plan to support with the RCPsych Research Fund.

The College Academic Faculty is helping us to investigate a number of options which will be aimed at psychiatric trainees or new consultants over the coming years.

As part of the overarching Fund, we are delighted that the Dinwoodie Trust Values Based CAMHS Fellow has been appointed for 1 year.

Another very exciting research post has been agreed by the Donald Dean Memorial Fund and plans are currently underway which will result in an appointment early next year of a full-time research post – the RCPsych Donald Dean Mental Health in the Workplace Fellowship.

At the same time, we are pleased to be gaining some support for the Postgraduate Education Fund. Foundation doctors are a College priority so it is important that we are able to sustain a number of scholarships for exceptional foundation trainees in order to encourage them in their future mental health careers. The support which we are building from our members for this project has been very encouraging and we are hopeful that this will grow in future years.

RCPsych AWARDS 2014

The RCPsych Awards Ceremony 2014 was an event of firsts. For the first time, the College hosted the annual ceremony – now in its 6th year – at its own home in Prescott Street, London. Some 300 individuals working in psychiatry and mental health attended the event on 6 November – the largest to date. And the 18 categories included two new important awards: the first to recognise a team making an outstanding contribution to improving the sustainability of mental healthcare, and the second, to acknowledge the outstanding work done by psychiatrists working as volunteers, both in the UK and overseas.

The RCPsych Awards recognise and reward the most talented teams and individuals working in psychiatry and mental health. Columnist and presenter Libby Purves, who hosted the awards, described the event as ‘inspiring’.

Summing up the spirit of the occasion, Lifetime Achievement Award winner Professor Norman Sartorius said: “So often we neglect to recognise the contribution people make to the profession. The College is to be congratulated for holding an event that celebrates the impressive and immensely useful work done by psychiatrists.”

THE WINNERS IN EACH CATEGORY

RCPsych Lifetime Achievement Award: Professor Norman Sartorius MD PhD FRCPSych

Core Psychiatric Trainee of the Year: Dr Rebecca McKnight

Higher Psychiatric Trainee of the Year: Dr Rudolf Cardinal

Psychiatric Trainer of the Year: Dr Abu Abraham

Psychiatric Academic Researcher of the Year: Dr Paola Dazzan

Public Educator of the Year: Jointly, Dr Hamed Al Sinawi and Dr Hilda Ho

Service User/Patient Contributor of the Year: Sarah Holmes

Carer Contributor of the Year: Jackie Edwards

Psychiatrist of the Year: Professor Michael Sharpe

Psychiatric Team of the Year: Children and adolescents: Intensive Community Outreach Service (ICOS), Heart of England NHS Foundation Trust

Psychiatric Team of the Year: Working-age adults: Maintaining Adherence Programme (MAP) Team, South Essex Partnership University NHS Foundation Trust

Psychiatric Team of the Year: Older-age adults: Kensington & Chelsea and Westminster Memory Service, Central & North West London NHS Foundation Trust



Greencare for Personality Disorder, Growing Better Lives CIC, awarded Team of the Year: Outstanding contribution to sustainability. Presented by Dr Daniel Maughan, RCPsych Sustainability Fellow, at the 2014 RCPsych Awards ceremony.



Dr Manoj Kumar Psychiatrist Volunteer of the Year 2014 with College Dean Dr Wendy Burn and Dr Abu Abraham Psychiatrist Trainer of the Year 2014



Psychiatric Team of the Year 2014 Older-age adults Kensington, Chelsea and Westminster Memory Service & Central North West London NHS Foundation Trust

Psychiatric Team of the Year: Non-age Specific: RADAR, Greater Manchester West Mental Health Foundation Trust

Psychiatric Team of the Year: Outstanding contribution to sustainability: Greencare for Personality Disorder, Growing Better Lives CIC

Medical Student of the Year: Celia Shiles, King's College London

Professor Sir Simon Wessely President with Professor Norman Sartorius winner of the 2014 RCPsych Lifetime Achievement Award



Foundation Doctor of the Year: Dr Roxanne Keynejad
Specialty Doctor/Associate Specialist of the Year: Dr Joyce Kissi

Psychiatrist Volunteer of the Year: Jointly, Dr Peter Hughes and Dr Manoj Kumar



Foundation Doctor of the Year 2014, Roxanne Keynejad receives her award from Baroness Molly Meacher

MENTORING AT THE COLLEGE

The College appointed a new Specialist Advisor for Mentoring, Dr Pierre Taub, in February 2014. His role is to champion mentoring and coaching across the College, to provide advice and support to psychiatrists interested in setting up their own mentoring schemes, to signpost psychiatrists to particular training and resources in their own areas, and to advise members about general mentoring-related queries.

Within the College, up to now, the majority of contacts have been about providing advice on setting up local mentoring schemes or faculties wanting to set up their own schemes.



The project plan has been established and the Specialist Advisor works closely with the Psychiatrists' Support Service Manager and Administrator to deliver this. Achievements during 2014 have included developing the College website for mentoring and establishing a small group of interested doctors to promote mentoring, share good practice and produce guidance on setting up a scheme.

The aim of the mentoring and coaching initiative is not to be too prescriptive about local schemes, but to provide general guidance on principles and essential requirements of a scheme.

The regional College Divisions are working on establishing their own leads in their areas to promote mentoring, to respond to local queries and act as a point of contact for psychiatrists within their own area. Once each Division has a regional lead, a College event will be held for these leads to network with one another and share some ideas about schemes in their areas, as well as contribute to the College strategy for mentoring and coaching in the future. We also hope this structure will enable the divisions to support the Startwell initiative.

One of the priorities for 2015 will be updating the College's Occasional Paper *Mentoring and Coaching* (OP66, 2008) and to survey trusts and independent sector organisations about mentoring provision.

REPORT FROM THE INTERNATIONAL UNIT

THE VOLUNTEER SCHEME

One of the main volunteer scheme projects of 2014 was a visit by UK volunteers to Kashmir. Four volunteers – Dr Peter Hughes, Dr Sajad Yousuf, Dr Parimala Moodley and Dr Howard Ryland – travelled from the UK to Kashmir to deliver 5 days of training to a number of health professionals using the mhGAP curriculum. The mhGAP (mental health gap action plan) is a WHO programme designed to scale up care for mental, neurological and substance use disorders among non-specialist providers, including primary healthcare workers.

The project was coordinated by Dr Sayeed Aqeel Hussain, a College Member based in Kashmir, and was facilitated by the Director of Health Services in Kashmir, Dr Saleem-UI-Rehman.

This was the second visit by UK volunteers to Kashmir – the first volunteer project took place in September 2013. The visit in August 2014 was set in the Ganderbal district and the training was attended by over 35 doctors, nurses, pharmacists, social workers and students. The objectives of the training were to ensure that those present became familiar with the mhGAP programme, acquired the skills on assessment, diagnosis and management of priority conditions, mastered various models of training methodology and training techniques, facilitator skills and supervision skills. The volunteers were also looking to identify a pool of potential champions of mhGAP in Kashmir to develop a strategy for supervision.

This training event was successful and the course facilitators reported being impressed with



Trekking from Pindaya to the Inke Lake in Myanmar / Burma in February 2014.
Left to right: Dr Sophie Tomlin, Professor Elspeth Bradley, Dr Sophie Thomson (kneeling), Dr Deborah Connolly and Dr Christine Brown.

the commitment, enthusiasm and interest of participants in applying mhGAP to their work. It is hoped that stakeholders in Kashmir will develop this programme of work by ensuring that capacity is maintained through follow-up with participants and use of refresher courses.

This project in Kashmir has also brought about the establishment of a Memorandum of Understanding between the College and the Health Services Department in Kashmir and Jammu which was signed by Professor Sir Simon Wessely and Dr Saleem-UI-Rehman in August 2014.

The work of the volunteer scheme is funded partly by money raised by College Members themselves. In February 2015 a group of 5 College Members undertook a trek in Burma/Myanmar to raise money for the volunteer scheme (see photo). As a result of the links made during the planning of this event a team of College volunteers is now planning a training event for family doctors in Myanmar in January 2015.

PROMOTING PSYCHIATRY RESEARCH IN THE MEDIA

One of the core purposes of the Royal College of Psychiatrists is to disseminate scientific research in psychiatry. In publishing our academic journals we do a great job of publicising that work within the scientific and academic community. However, that work is not complete unless we also do our best to promote this research among the public and in the media. That is why the Communications and Publications Departments work closely together, helping authors to ensure that original research is responsibly and sensitively presented to the wider public.

As soon as a paper is accepted for publication, the Publications Department informs the Press Office so that work can begin on crafting a press release in close consultation with the authors. The Press Office and Publications Department ensure the press release is easy to understand in plain English, avoiding jargon, and also that it is factually correct and reflects the authors' aims and objectives.

Some research themes that have emerged in 2014 have been picked up by the media, receiving coverage in local, national and international publications.

Veterans' mental health has received particular attention in 2014. *BJPsych* published papers that contribute to the evidence that, although acting service men and women's mental and physical health seem to be well looked after in the field, on return to civilian life some can experience problems other than post-traumatic stress disorder (PTSD). These difficulties include excessive drinking and outbursts of violence, and may be associated with the level of social support veterans receive after active service.

The interaction between physical and mental health has been another pervasive theme this year. From under-recognition of physical illness in patients whose primary diagnosis is psychiatric, to the neglect of the mental health of patients with serious physical illness, the evidence is building and much work needs to be done to ensure that no aspect of patients' health is neglected. This reinforces one of the College's priorities this year, which has been to promote the importance of parity of esteem – people's mental and physical health must be valued equally. The use of research to develop, inform and test policy is a measure of research impact that is likely to have long-lasting effects and make a difference to patient experiences and outcomes.

A host of other issues covered by the College's publications have received widespread media attention during 2014. These included: cognitive-behavioural therapy (CBT) for health anxiety, hormone (BDNF) levels predicting unipolar/bipolar depression, cognitive stimulation therapy for dementia, and problem-solving training for self-harm.

Reporting this primary research is yet another way of raising the profile of the College in the media, helping to ensure that our organisation is associated with high-quality studies, as well as promoting the importance of mental health to the public, commissioners and policy makers, and to ensure that mental health professionals function in an evidence based as well as ethical environment, and specifically that the humane and ethical practice of psychiatry remains at the cutting edge of scientific advances and the latest research.

*Professor Kamaldeep Bhui, Editor
Kathy Oxtoby, Media and Communications Manager
Andrew Morris, Head of Publications*

TRAINEES ONLINE

Trainees Online (TrOn) is an online learning resource designed to support the needs of Core Trainees as they prepare to take the College Membership Exams. TrOn offers Core Trainees in psychiatry a free and quality-controlled website, verified by the College, where previously they had to rely upon external websites with high subscription fees that are based around question banks rather than knowledge.

The TrOn website launched in June 2014 with four modules. A total of 63 on the basic sciences are being developed between now and the summer of 2015 in line with the project's current funding.

TrOn modules are written by Higher Trainees, who use their recent experience of taking the MRCPsych exams to produce content that is pitched at the appropriate level for Core Trainees. The College Examination Panels check each module at the beginning and end of its development to make sure that its content is relevant and appropriate to the MRCPsych syllabus. Each module is also reviewed by an expert (consultant level or above) to ensure scientific accuracy and readability. The expert reviewer is credited alongside the author when the module is published online to recognise their input.

TrOn modules cover many topics for which appropriate teachers—with expertise in how an area of science is relevant to the membership exam—can be difficult to find, such as neuroscience. The format of TrOn modules – including interactive content, questions and recaps, images and diagrams – helps trainees to digest theoretical and technical knowledge. Each



A screenshot of the TrOn website interface. At the top left is the RCPSYCH logo. To its right is a navigation menu with links: Home, About TrOn, My TrOn, Learning modules, Help, Contact us. Further right is a 'Subscription' section with a 'Log in' button and a 'Forgot your password?' link. Below this is a search bar. The main content area is titled 'Trainees Online is the online learning resource to support trainee psychiatrists in preparing for MRCPsych exams'. It features a 'My TrOn' sidebar with links to 'About TrOn', 'Modules in progress', 'Visit the exam pages', and 'Visit the trainee pages'. The main content is divided into three columns: 'Modules' (showing 'Latest module: The social role of doctors' with author and duration details), 'Recently published modules' (listing 'Social influence: leadership, power, conformity and obedience', 'Emotion', 'Ethics and philosophy in psychiatry', 'A social history of mental health institutions', 'Stress, physiological and psychological aspects', and 'Personality'), and 'News' (with a 'Contribute' section and 'Other resources' including 'Free access to Advances in Psychiatric Treatment' and 'Portfolio Online').

module has clear learning outcomes, take-home notes, section recaps, and a key reading list that combines with the content of the module to provide trainees with extensive revision of a topic. Modules are broken into manageable sections and last around an hour each, to enable trainees to complete them around their work. The Content Editors ensure that each module is tailored to the topic it covers, and oversee a consistent presentational style, so that modules are familiar and easy to navigate.

Since the launch of the TrOn website, the feedback has been overwhelmingly positive, both from course leaders and trainers (anecdotally) and from Core Trainees (via online feedback forms at the end of modules). One comment from a trainee who completed the 'Neurotransmitters' module:

'Thank you very much – the module has clarified many points I was struggling to understand and get to grips with. I especially liked the interactive flash.'

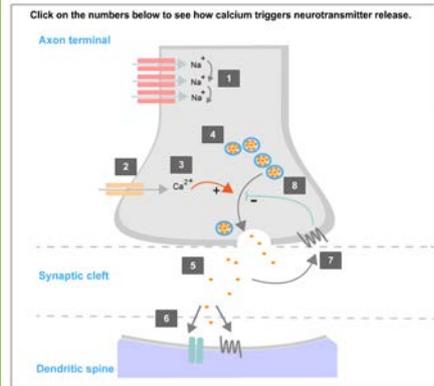
Modules List

(2.2) What causes neurotransmitter release?

Neurotransmitter

- Introduction
- Section 1: What is a neurotransmitter?
- Section 2: Overview of neurotransmitter synthesis, degradation, storage and release
- Section 3: Synthesis and degradation of amino acid transmitters
- Section 4: Synthesis and degradation of monoamine transmitters
- Section 5: Synthesis and degradation of acetylcholine
- Summary

In one word: calcium. This process is shown below.



HTML5 version (if your device does not support Flash)
View non-interactive version

Notes:
Introduction
Section 1
Section 2
Section 3
Section 4
Section 5
Summary

PSYCHIATRY IN PRACTICE: THE CLINICAL SKILLS SERIES

A NEW, FREE RESOURCE FOR STUDENT ASSOCIATES

Ania Korszun and Ali Ajaz have been working with the College during 2014 to develop video material (originally produced with grant funding in conjunction with Barts and The London) to create interactive online tutorials. Ania, who heads up our Undergraduate Teaching Leads Forum, explains: 'Students often tell us that when they are learning psychiatry in their medical school course they would really like to see experienced psychiatrists interviewing patients, taking a history and conducting a mental state examination. So, with this in mind, we have designed this series to help students learn some essential skills in psychiatry.'

Initial feedback on the first two tutorials, launched during 2014, has been extremely positive. Keep an eye on the Student Associates pages of the College website for updates and new releases in this series.

Another trainee who completed 'learning theory': 'I am looking forward to more of these. Thank you!'

All feedback is considered carefully, so that TrOn can continue to evolve to meet the requirements of pre-membership trainees. The constructive feedback from trainees has suggested a demand for clinical examples. It is hoped that TrOn can expand in the future, subject to funding and trainee uptake, and to move into the clinical topics on the MRCPsych syllabus.

The College is constantly working to maintain the highest standards in psychiatric care. By providing a high-quality educational resource at no cost to the trainee, TrOn will help to ensure the best possible training for psychiatrists of the future.

<http://tron.rcpsych.ac.uk/>

Stuart Leask, Editor, Trainees Online

Wendy Burn, Dean



SUMMARISED ACCOUNTS TO 31 DECEMBER 2013

Comprising the Treasurer's Report (pp. 17–19), Statement of Financial Activities (p. 20), Balance Sheet and explanatory notes (p. 21)

Treasurer's report and financial review

Against the continuing background of a challenging financial climate, the past 12 months has again shown a resilient financial performance by the College marked by cost-efficiency initiatives, a continuing move towards increasing accountability to our members and, most notably, the highly cost-effective move to a new and much more suitable headquarters.

Increasing value for money and accountability to College members

The College continues to recognise that members face major financial challenges. The annual membership fee for 2013 was frozen at the 2012 rate, and for 2014 was increased by only 1% (in line with NHS pay increases) and the registration fees for the International Congress decreased from 2012 to 2013. In response to trainee concerns, examination fees were reduced substantially for 2013, representing 78% of the fees in 2012. Further, the significant unexpected surpluses from recent examinations have been ring-fenced in a fund to support areas of College activity that will be of particular benefit to trainees. We are continuing to take actions to reduce costs, focus activities on those of highest priority, deliver better value to members, and develop additional income sources. Over the coming year, we are continuing to introduce further improvements to College budgeting and financial modelling to increase efficiency and effectiveness and make resource use more transparent and accountable to College members.

2013 financial overview

The College's income amounted to £30,490k (2012: £17,165k) of which £13,686k accounted for the net disposal

proceeds of 17 Belgrave Square with expenditure totalling £16,996k (2012: £15,867k) of which £625k related to the purchase of 21 Prescott Street and this has been expensed in the year.

We concluded the year with a surplus of £14,323k. The operating surplus for the year was £13,494k (2012: £1,298k) before gains on investments of £628k (2012: £240k) and unrealised gain on heritage assets £201k (2012: £nil) were included.

Move of headquarters from 17 Belgrave Square to 21 Prescott Street

The College sold its interest in the leasehold tenancy of 17 Belgrave Square and adjoining Belgrave Mews property for £15,000k and purchased the freehold on 21 Prescott Street for £11,250k on 8 January 2013. The new property offers larger accommodation and is substantially more fit-for-purpose as the College headquarters. The net proceeds from the sale of the 17 Belgrave Square lease contributed to the refurbishment costs of 21 Prescott Street, with the remaining refurbishment costs of £3,040k coming from the New Building Fund that had been accumulated over previous years. The move to 21 Prescott Street took place on 7 October 2013 and was completed to time and on budget. This was made possible by the dedicated and expert work and oversight of the Chief Executive, Director of Finance and Operations, Head of Facilities and Head of IT. I am most grateful to these individuals and to the College staff as a whole for making the move such a success.

The move from 17 Belgrave Square to 21 Prescott Street has, for the first time, allowed all College staff working in London to be brought together into one building. The College has terminated its leases of other office space in London (21 Mansell Street and 15 Belgrave Square).

In addition to the excellent new facilities for members and the opportunities for bringing many training and academic events 'in house', the new headquarters provides opportunities for improved efficiency and effectiveness of working. It is also pleasing to note that the College now has improved financial security in having increased its tangible fixed assets to £17,696 k (2012: £1,920 k).

Offices of the Royal College of Psychiatrists in Scotland and in Wales

Additional office space has been leased for the Edinburgh offices of the Royal College of Psychiatrists in Scotland and for the Royal College of Psychiatrists in Wales. This was undertaken in order to provide additional facilities for members in these jurisdictions and to reduce the need to rent space for meetings.

Bequests

The College is grateful to the late Mr T. R. Emerson who bequeathed £211 k (2012: £128 k) to the College, which has been allocated to the Sustainable Mental Health Fellowship Programme.

Fundraising

In order to increase the funding available for important initiatives such as enhancing recruitment into psychiatry, a Fundraising Development Office was established in 2012 to attract more donations and legacies. This initiative will be closely monitored to ensure benefits outweigh costs.

College budgeting, financial models and value for money

The Chief Executive, together with the Senior Management Team, has undertaken several efficiency and cost-saving initiatives during 2013 and the drive for continued efficiency improvements will be continued. In particular, following the move to the new headquarters, we will explore opportunities for efficiency savings offered by the new working environment.

Internal audit to challenge procedures and seek improvements

During the year the firm of internal auditors, Crowe Clark Whitehill LLP, undertook an audit of IT relocation to the College's new headquarters.

External auditors

New external auditors, Baker Tilly UK Audit LLP, were appointed in 2012. The College has already benefited, and will continue to benefit, from a number of suggestions by the new auditors about improvements to financial reporting and governance.

Growth in membership of the College

Overall membership of the College has grown at a rate of 6% (2012: 1%) increasing to 17,014 (2012: 16,069). The total number of members includes 2,257 (2012: 2,125) from overseas, across grades.

Income

The College sold its interest in the leasehold tenancy of 17 Belgrave Square and adjoining Belgrave Mews property for £15,000 k.

Income from membership subscriptions of £5,285 k (2012: £4,971 k) has increased by £314 k (2012: £105 k) due to the growth in membership numbers.

Total income generated from Examinations is £1,932 k (2012: £2,620 k) due to examination fee reduction and a drop in candidate numbers.

This year the National Collaborating Centre on Mental Health (NCCMH) has again been operating under extremely challenging circumstances with its funder, the National Institute for Health and Care Excellence (NICE), requiring the same volume of work at a faster rate without increases of funding. Total funds received amounted to £1,334 k for concurrent development of six guidelines (2012: £1,348 k).

Faculties, Sections, Divisions and Special Interest Groups (FSDSIGs) have continued to contribute to income generation. The total income generated was £1,157k (2012: £1,227k). Although most FSDSIGs contribute successfully to income generation, Faculty and Division Conferences continue to receive significant (in many cases the major) support through membership fees and other general funds, in the form of the direct costs of the Centre for Advanced Learning and Conferences (CALC) and the regional Divisions' offices.

The International Congress in Edinburgh generated a net surplus of £152k (2012: £155k), before contributing to College overheads and the central development fund. The College continued to provide increased benefit to members through substantially reduced registration fees, including a discounted "early bird" registration option.

The College Centre for Quality Improvement (CCQI) again generated a substantial surplus before College overheads of £1,221k (2012: £1,192k). Some of this is the result of grant funds coming during the year for work to be undertaken in future years so the financial reports for future years will reflect the expenditure of these funds.

The recently established Centre for Advanced Learning and Conferences (CALC) generated a net deficit of £100k (2012 surplus: £104k). There are excellent opportunities for CALC to develop academic and training events in line with the College's charitable aims and contribute to the College's financial stability. Performance will be monitored closely.

Expenditure

The College purchased the freehold on 21 Prescott Street for £11,250k on 8 January 2013. Refurbishment and relocation costs of £6,790k came from the balance of capital available from sale and purchase prices (£3,750k) and the balance from the designated Building Fund that had been built up over a period of several years.

Staff costs amounted to £7,910k (2012: £7,325k). The average number of staff has increased from 190 to 193.

Overheads

The formula for allocating overheads to College activities was changed during 2012 to improve clarity and provide a more accurate representation of the full costs of the various activities undertaken within the College. Following the move to the new headquarters in October 2013, a new overheads formula was applied to take account of the new operational configurations within the College.

Governance

Induction days were held for new Trustees and Financial Officers of the FSDSIGs, emphasising the joint responsibility of Trustees to ensure the financial governance of the College as a whole. The Finance Management Committee, enhanced by the internal audit reports, has scrutinised closely specific areas of College activity.

The College Treasurer would like to express his heartfelt and warm thanks to Drs Jan Falkowski, Ian Hall, Philip McGarry and Chris Fear for their continued dedicated and insightful contributions as members of Finance Management Committee. Their contribution is invaluable and we are very grateful to them indeed for their wise counsel.

College investment portfolio

At the end of December the College's investment portfolio had a value of £4,883k (2012: £4,250k). Trustees will keep investments under review to ensure optimal spread of risk and return for the College.

Treasurer's summary of financial review

2013 has been another successful year financially and the purchase and move to our new headquarters at 21 Prescott Street is a cause for celebration and presents many opportunities. But there are major challenges ahead. College Trustees and staff will continue to work towards controlling spending, enhancing income, striving for better value for money and seeking to ensure that activities and resources are focused on those areas of highest priority.

Professor Nick Craddock, Honorary Treasurer
20 May 2014

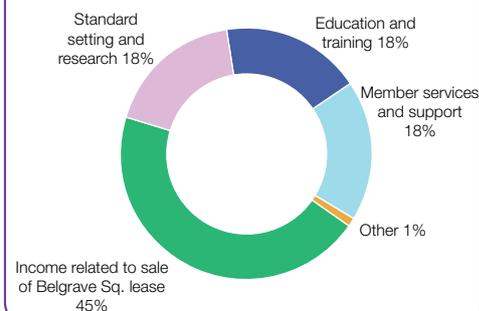
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2013

	Unrestricted Funds £000	Restricted Funds £000	Endowment Funds £000	Total Funds 2013 £000	Total Funds 2012 £000
Incoming resources					
Incoming resources from generated funds					
Voluntary income – donations and gifts	1	212	–	213	224
Investment income and bank interest	107	–	3	110	191
Prize funds	–	4	–	4	7
Incoming resources from charitable activities					
Standard setting and research	2,857	2,635	–	5,492	5,151
Education and training	5,531	–	–	5,531	6,404
Member services and support	5,402	8	–	5,410	5,074
Communications and policy	36	8	–	44	114
Other incoming resources	13,686	–	–	13,686	–
Total incoming resources	27,620	2,867	3	30,490	17,165
Resources expended					
Cost of generating funds					
Cost of generating voluntary income	199	–	–	199	27
Investment management costs	34	–	–	34	31
Charitable activities					
Standard setting and research	3,852	2,698	–	6,550	5,897
Education and training	5,792	18	–	5,810	5,670
Member services and support	2,736	11	–	2,747	2,685
Communications and policy	1,238	9	–	1,247	1,188
Prize funds	–	10	–	10	16
Governance costs	399	–	–	399	353
Total resources expended	14,250	2,746	–	16,996	15,867
Net incoming resources before transfers	13,370	121	3	13,494	1,298
Transfer between funds	–	3	(3)	–	–
Net incoming resources before other recognised gains and losses	13,370	124	–	13,494	1,298
Other recognised gains and losses					
Unrealised gains on heritage assets	201	–	–	201	–
Gains on investment assets	628	–	–	628	240
Net movement in funds	14,199	124	–	14,323	1,538
Reconciliation of funds					
Total funds brought forward	9,284	1,553	262	11,099	9,561
Total funds carried forward	23,483	1,677	262	25,422	11,099

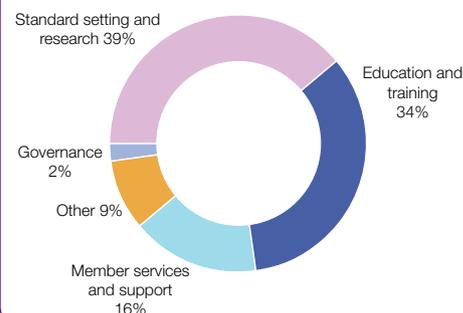
BALANCE SHEET AS AT 31 DECEMBER 2013

	2013 £000	2012 £000
Fixed assets		
Tangible assets	17,696	1,920
Heritage assets	201	–
Listed investments	4,883	4,250
	<u>22,780</u>	<u>6,170</u>
Current assets		
Stocks	62	69
Debtors	1,768	3,041
Short-term bank deposits	–	2,000
Cash at bank and in hand	5,005	4,408
	<u>6,835</u>	<u>9,518</u>
Creditors: amounts falling due within one year	<u>4,105</u>	<u>4,535</u>
Net current assets	<u>2,730</u>	<u>4,983</u>
Creditors: amounts falling due after more than one year	<u>88</u>	<u>54</u>
Total net assets	<u>25,422</u>	<u>11,099</u>
Represented by:		
Funds and reserves		
Capital funds		
Endowment fund	262	262
Income funds		
Restricted funds	1,677	1,553
Unrestricted funds		
Designated funds	19,618	7,078
General funds	3,865	2,206
	<u>23,483</u>	<u>9,284</u>
	<u>25,422</u>	<u>11,099</u>

Incoming resources 2013: £30.5m



Resources expended 2013: £17.0m



Summarised accounts

The Trustees confirm that the summarised accounts on pages 20 and 21 are a summary of the information extracted from the full Annual Report and Accounts, which were approved on 27 March 2014. The summarised accounts may not contain sufficient information to allow a full understanding of the financial affairs of The Royal College of Psychiatrists. Copies of the full accounts on which the auditors have reported without qualification and which have been delivered to the Charity Commission may be obtained free of charge upon written request to the Finance Department, The Royal College of Psychiatrists, 21 Prescot Street, London E1 8BB.

Approved on behalf of the Trustees and signed on their behalf by: Professor S. Bailey, President; Professor N. Craddock, Treasurer – 27 March 2014.

Independent auditor's statement to the trustees of The Royal College of Psychiatrists

We have examined the summarised financial statements of The Royal College of Psychiatrists for the year ended 31 December 2013 set out on pages 20 to 21.

Respective responsibilities of the trustees and the auditor

The trustees are responsible for preparing the summarised financial statements in accordance with applicable United Kingdom law and the recommendations of the charities SORP.

Our responsibility is to report to you our opinion on the consistency of the summarised financial statements with the full Annual Report and Accounts.

We conducted our work in accordance with the Bulletin 2008/3 'The auditors' statement on the summary financial statements' issued by the Auditing Practices Board.

Opinion

In our opinion the summarised accounts are consistent with the full Annual Report and Accounts of The Royal College of Psychiatrists for the year ended 31 December 2013.

We have not considered the effects of any events between the date on which we signed our report on the full annual financial statements (2 April 2014) and the date of this statement.

Baker Tilly UK Audit LLP, Statutory Auditor, 25 Farringdon Street, London EC4A 4AB, 20 May 2014.

These summarised accounts were circulated to the membership of the College and were received and adopted at the Royal College of Psychiatrists' AGM, 24 June 2014.

COUNCIL MEMBERSHIP

President[†]

Professor S Wessely

Treasurer[†]

Professor N Craddock

Dean[†]

Dr W Burn

Registrar[†]

Dr L M Mynors-Wallis

Editor[†]

Professor K Bhui

Elected members

Dr S M Carney (M)

Dr J Falkowski (F)

Professor J R Geddes (F)

Dr A N N Ramakrishnan (M)

Chairs of Faculties[†]

Academic

Addictions

Child and Adolescent

Eating Disorders

Forensic

General Adult

Intellectual Disability

Liaison

Medical Psychotherapy

Neuropsychiatry

Old Age

Perinatal

Rehabilitation and Social

Professor P Woodruff

Professor C Drummond

Dr P Hindley

Dr J Morgan

Professor T A Fahy

Dr P Rowlands

Dr A Roy

Dr P Aitken

Dr S Mizen

Dr R A Faruqui

Dr J P W Warner

Dr E M P McDonald

Dr S Kalidindi

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Eastern

London

Northern & Yorkshire

North West

RCPsych in Northern Ireland

RCPsych in Scotland

RCPsych in Wales

South Eastern

South West

Trent

West Midlands

Dr S Bhandari

Dr S Ahmad

Dr J Whaley

Dr L Sell

Dr D Day-Cody

Dr A Cook

Professor R G Poole

Dr H G Series

Dr C Fear

Dr C Rusius

Dr G Milner

BOARD OF TRUSTEES

Appointed Lay Trustees

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Mr N Jones

Ms R Thompson

Elected members

Dr C F Fear

Dr P A Hindley

Dr G M J Adshead

President[†]

Professor S Wessely

Treasurer[†]

Professor N Craddock

Dean[†]

Dr W Burn

Registrar[†]

Dr L M Mynors-Wallis

Co-opted members

Professor M Crawford (College Centre for Quality Improvement)

Professor T J G Kendall (Director, National Collaborating Centre for Mental Health)

Chairs of Committees[†]

Professor S Benbow (Professional Practice & Ethics)

Dr J Bolton (Public Engagement)

Dr F Mason (Leadership & Management)

Dr H Miller (Conferences)

Dr K W V Sheeres (Psychiatric Trainees)

Professor A Young (Psychopharmacology)

Affiliate Representative

Dr I Ahmad

Patients' and Carers' Representatives

Mr M Arbuthnott

Mrs E Bitcon

Mr D Pickering

Information reflects committee membership at 1 December 2014. Further enquiries should be sent in writing to the Registrar.

† member ex officio; F, Fellow; M, member

FACULTY, SECTION AND DIVISION EXECUTIVE AND OTHER COMMITTEE MEMBERSHIP

EDUCATION AND TRAINING COMMITTEE

Dr V M Aziz
 Dr V A Banks (Associate Dean)
 Dr A B Biswas
 Dr D Bloye
 Dr P C W Bowie (Chief Examiner)
 Dr A M Boyle (Specialist Advisor)
 Dr A D Brittlebank (Specialist Advisor)
 Dr G S Brookes
 Dr D H Brown
 Dr H M Bruce (Associate Dean)
 Dr W K Burn (Dean)
 Dr S M Carney (Associate Dean)
 Dr V Curtis
 Dr S P Dave
 Dr H E De Waal
 Dr P F Gallagher
 Dr G M Garry
 Dr J Greening
 Dr I Hall (Specialist Advisor)
 Dr F Harrison (Associate Registrar)
 Professor J Hayden
 Dr A Javed
 Dr J Johnston
 Dr I Jurewicz
 Dr C Kinane
 Dr M A Ledger
 Dr D Longson
 Dr M Maier
 Dr N J Margerison (observer)
 Dr G L Milner
 Dr G D Mundempilly
 Dr L M Mynors-Wallis (Registrar)
 Dr G J Ness
 Dr W A O'Halloran (Specialist Advisor)
 Dr T Pieters
 Dr N Poole
 Dr R R Iyer
 Dr D Reiss
 Dr K Sheeres
 Dr M Tovey
 Dr G Undrill
 Professor S Wesseley (President)
 Dr A Wieck
 Dr E J Wilkinson (Associate Registrar)

OFFICERS OF FACULTIES AND SECTIONS

Faculty
Academic
Addictions
Child and Adolescent
Eating Disorders
Forensic
General Adult
Intellectual Disability
Liaison
Neuropsychiatry
Old Age
Perinatal
Psychotherapy
Rehabilitation and Social

Chair
 Professor P Woodruff
 Professor C Drummond
 Dr P Hindley
 Dr J Morgan
 Professor T A Fahy
 Dr P Rowlands
 Dr A Roy
 Dr P Aitken
 Dr R A Faruqui
 Dr J P W Warner
 Dr E M P McDonald
 Dr S Mizen
 Dr S Kalidindi

Vice-Chair
 Professor A Lingford-Hughes
 Dr E Day
 Dr G Rose
 Dr P Hugo
 Dr A Buchanan
 Dr M Adamou
 Dr J McCarthy
 Dr A Santhouse
 Dr M Bodani
 Dr I R Jones
 Dr J Birtle
 Dr S Mitchell

OFFICERS OF SPECIAL INTEREST GROUPS

Group
Adolescent Forensic
Forensic Psychotherapy
Gay and Lesbian
Philosophy
Private & Independent Practice
Transcultural Psychiatry
Spirituality and Psychiatry
Volunteering and International
Women and Mental Health

Chair
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 Dr C Minne
 Dr D Hodgson
 Dr J Callender
 Dr D Allen
 Dr H Najim
 Dr P Groves
 Dr P Hughes
 Dr K Anagnostakis

Honorary Secretary
 Dr P Misch
 Dr D Reiss
 Dr S Evans
 Dr D Stoyanov
 Dr A Agarwal
 Dr A Gray
 Dr V Doku
 Dr C Cooper

CHAIRS OF STANDING COMMITTEES

Committee
Policy
Conference and Training
Psychiatric Trainees
Publications Management
Board
Public Education
Westminster Parliamentary
Liaison

Chair
 Dr L M Mynors-Wallis
 Dr I Hall
 Dr K Scheeres
 Professor K Bhui
 Dr J Bolton
 Dr A James

OFFICERS OF DIVISIONS

Division	Chair	Vice-Chair
<i>Eastern</i>	Dr S Bhandari	Dr V Agrawal
<i>London</i>	Dr S Ahmad	Dr P Hughes
<i>Northern & Yorkshire</i>	Dr J Whaley	Dr S Babu
<i>North West</i>	Dr L Sell	Dr R A Overshott
<i>RCPsych in Northern Ireland</i>	Dr D Day-Cody	Dr E O'Kane
<i>RCPsych in Scotland</i>	Dr A Cook	Dr J Taylor
<i>RCPsych in Wales</i>	Dr R G Poole	Dr S Ingley
<i>South Eastern</i>	Dr H G Series	Dr J Harding
<i>South West</i>	Dr C Fear	Dr H Rayner
<i>Trent</i>	Dr C Rusius	Dr A Ramakrishnan
<i>West Midlands</i>	Dr G Milner	Dr A Roy

CHAIRS OF SPECIAL COMMITTEES

Committee
Informatics
Professional Practice & Ethics
Human Rights

Chair
 Dr J P Richardson
 Professor S Benbow
 Dr S Khurmi

IN MEMORIAM

The following members and associates of the College died between December 2013 and December 2014

Awe, Olumide Oluwagbolahan (b. 1955)

Bevan Jones, Huw (b. 1934)

Bird, Donald William Kemp (b. 1929)

Bowden, Paul Michael Anthony (b. 1941)

Boyd, Stephen Anthony (b. 1952)

Browne, Nicholas Derwent Foster (b. 1925)

Campbell, David Arthur Foyle (b. 1927)

Carey, Albert Stuart (b. 1922)

Cook, Anthony Raymond (b. 1934)

Cox, John Rodgers (b. 1927)

Dalwai, Suraiya Ashraf (b. 1971)

Dominian, Jacob (b. 1929)

Fahmy, Shafik Ibrahim (b. 1916)

Fleming, Alan Chalmers (b. 1922)

Fowler, Denys Brian (b. 1928)

Fowlie, Hector Chalmers (b. 1929)

Gainza, Carlos Federico (b. 1948)

Gallwey, Patrick Lionel Grattan (b. 1929)

Garai, Joan Glover (b. 1919)

Hoffman, Ruth (b. 1922)

Holmes, Helen Philomena (b. 1961)

Hunter, Charles Christopher (b. 1950)

Hurst, John (b. 1935)

Jenner, Frederick Alexander (b. 1927)

Johnston, Brian Bernard (b. 1938)

Kitson, Nicholas Ian (b. 1950)

Koltes, John A (b. 1922)

Kreeger, Lionel C (b. 1926)

Krishnamurti, Devarajan (b. 1936)

Ledesma-Jimeno, Matias Alfonso (b. 1923)

Lewis, Philip David Rhys (b. 1960)

Lowther, John (b. 1933)

Macfarlane, Donald John (b. 1947)

MacHale, Patrick Anthony Mary (b. 1946)

Mallett, Bernard Louis (b. 1924)

Moss, Roger Charles Sarra (b. 1939)

Mrazek, David Allen (b. 1949)

Murray, Kenneth Nisbet (b. 1934)

Murray, Thomas William (b. 1924)

Murray, Valerie (b. 1959)

Noble, John Robinson (b. 1928)

Oakley, Donald Percy (b. 1923)

O'Brien, Gregory Paul (b. 1955)

O'Kelly, John Grellan (b. 1948)

Reid, Ian Cameron (b. 1960)

Robinson, Ronald Arthur (b. 1924)

Rollin, Henry Rapoport (b. 1911)

Sacks, Benjamin Israel (b. 1931)

Sandler, Merton (b. 1926)

Sinclair, Simon Keith (b. 1951)

Sugars, John George (b. 1938)

Taylor, William Norman (b. 1919)

Trivedi, Jitendra Kumar (b. 1952)

Wilson, John Lindsay (b. 1926)

Wing, Lorna Gladys (b. 1928)

Wong, Yip Chong (b. 1929)

Wood, John Crossley (b. 1928)

SUPPORTERS

The Royal College of Psychiatrists is grateful to the following for their support of many College projects and academic research activities, the mental health information programme and RCPsych Awards during the past year:

The Wolfson Foundation

Mrs Shoshana Lyn Bloch

Dr Thomas Bewley

Dr Melvyn Zhang

The Laughlin Foundation

Mr and Mrs E Emerson, executors of the estate of Dr R Emerson

The executors of the Brenda Olive Hamada estate

The executors of the Vivian Lyons estate

Cambridge University Press

Oxford University Press

Wiley

The College also thanks the many members, non-members and organisations that have given to College campaigns and appeals, and our advertisers for their continued business.

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21 Prescot Street, London E1 8BB

www.rcpsych.ac.uk

The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369)

Occasional Paper OP96

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