

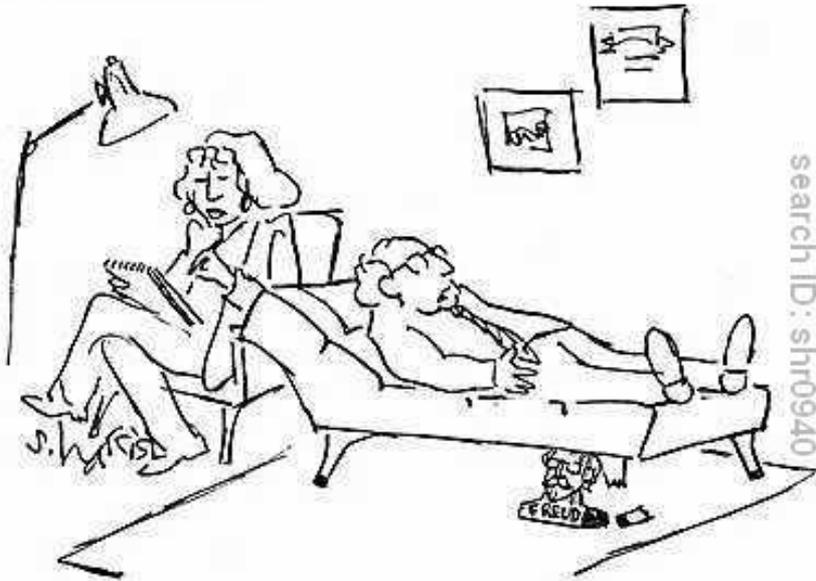
Psychiatry as a Foundation Doctor

Names of presenters

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Myths about psychiatry

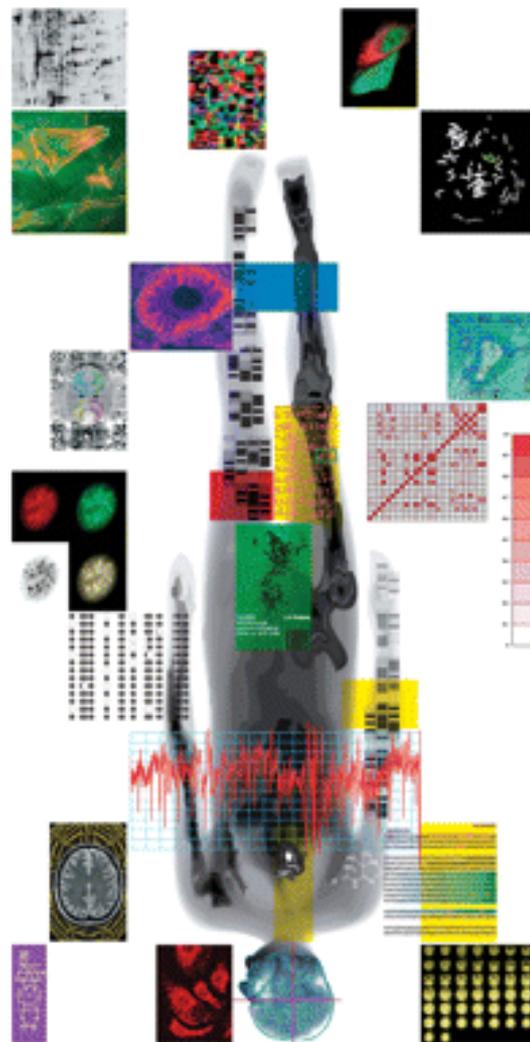
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- People don't get better
- Patients are violent and dangerous
- You won't use your medical knowledge
- Its just psychotherapy
- You have to wear tweed to be a psychiatrist

The truth



Why do Psychiatry?

- **Interest** in the subject
- You like **talking** to all sorts of people
- You are **open-minded**
- You make a **huge difference** in people's lives
- **Work-life balance**
- **Problem solving** – ethical, legal, medical
- **Evolving** profession
 - Thoughtful, reflective practice
 - Evidence based
 - Facilities
- It's **fun!!**

Psychiatry as an F1 / F2

- **1 in 4 people have mental illness**
 - Relevant to all specialties
- Gain **knowledge** of psychiatric conditions
- Develop **skills**:
 - Communication skills
 - Multi-disciplinary team working
 - Prescribing
 - Assessing risk
 - Mental Health Act, Mental Capacity Act
 - Bio-psycho-social approach

Psychiatry Jobs in Severn

	F1	F2
Bath		x
North Bristol	x	x
South Bristol		x
Gloucester		x
Cheltenham		x
Swindon		x
Taunton		x
Yeovil		x
Weston	x	x
Total	x	x

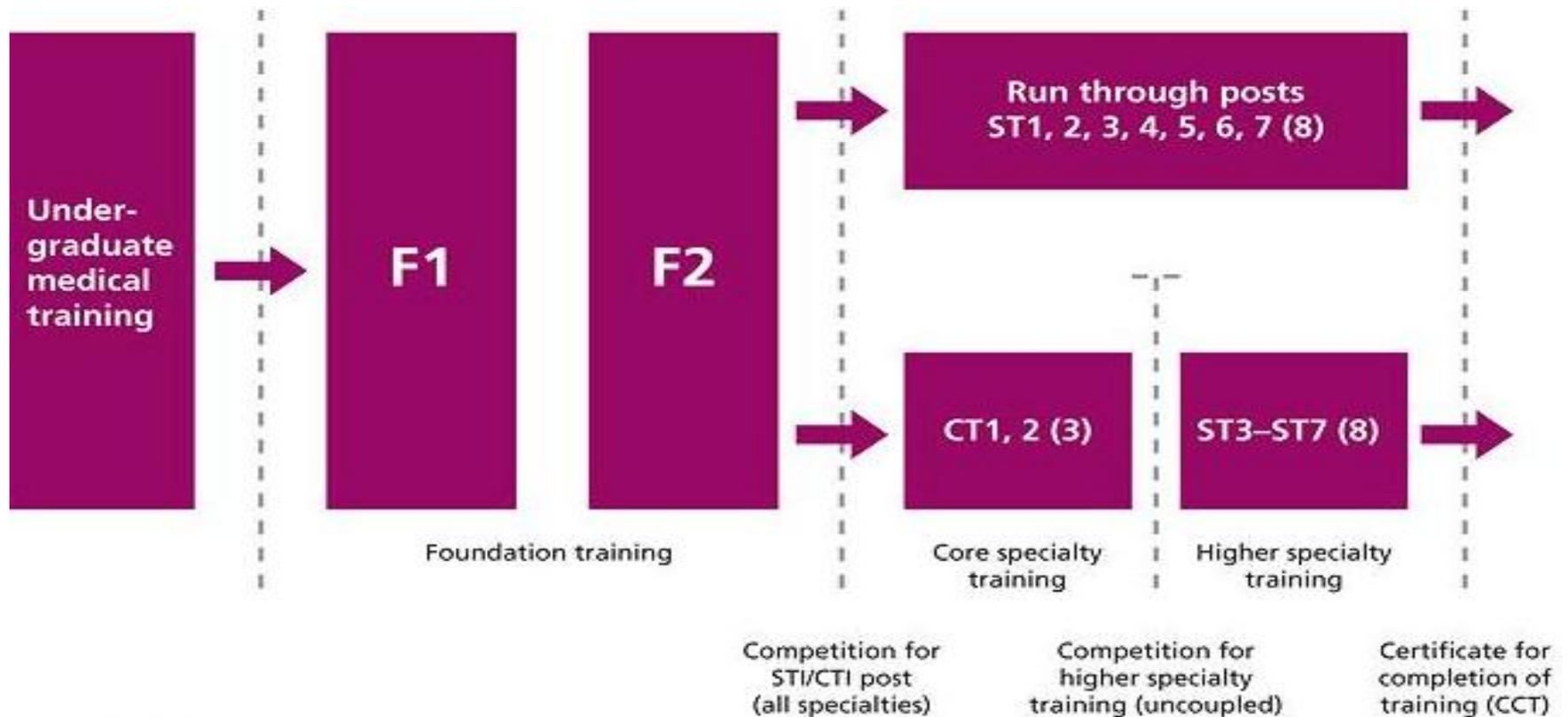
What if I don't get a foundation job?

- Taster days
- Audits
- Presentations
- Psych Soc
- RCPsych Junior membership
- Don't worry- you won't be disadvantaged!

A Typical Week in Bath

	AM	PM
Monday	Ward work Meeting with supervisor	Journal club Ward work
Tuesday	Liaison work	Liaison supervision Ward work
Wednesday	Ward round	Academic programme Balint group
Thursday	Deanery Day	Deanery Day
Friday	Ward work	Psychotherapy case

Training



Psychiatry Sub-specialties

- Rehabilitation
- Addictions
- Liaison
- General Adult
- Forensic
- Learning Disabilities
- Old Age
- Psychotherapy
- Child and Adolescent

What Now?

- **Talk to us**
- ***Email contact addresses***
- Severn deanery website
- Royal College of Psychiatry website
- **Taster days**
- Regional teaching days

Any questions?

