

Adult ADHD Foundation Course

Date: Wednesday 12 November 2025

Location: Online via EventsAir

Time	Session
	Session 1 Chaired by Dr Sherlie Arulanandam
9.30 - 9.35am	Welcome and Introduction Dr Sherlie Arulanandam, Consultant Psychiatrist, Swindon Early Intervention Team, Senior Tutor (Year 2 and 3), Bristol Medical School RCPsych Curriculum and Examinations Course Director
9.35 - 10.05am	Updates in ADHD Dr Jessica Eccles, Reader in Brain-Body Medicine at Brighton and Sussex Medical School, Consultant Psychiatrist at Sussex Partnership NHS Foundation Trust, Chair of the Neurodevelopmental Psychiatry Special Interest Group at the Royal College of Psychiatrists
10.05 - 10.15am	Q&A Session
10.15 - 10.45am	Assessment of adult ADHD Dr Mohammad Arif
10.45 - 11.00am	Frequently asked questions Dr Mohammad Arif
11.00 - 11.30am	Morning break
	Session 2 Chaired by Dr Sherlie Arulanandam
11.30 - 11.50am	Use of diagnostic interviews Kobus von Rensburg
11.50am - 12.10pm	Adult ADHD – Mental health co-morbidities and differential diagnosis Dr Dietmar Hank, Consultant Psychiatrist at Avon and Wiltshire Mental Health NHS Partnership Trust and Attention to Health, Honorary Lecturer at University of Bristol
12.10pm - 12.30pm	Q&A session

Time	Session
12.30 - 1.15pm	Lunch
	Session 3 Chaired by Dr Sophia Senthil
1.15 - 1.35pm	Adult ADHD –Neurodevelopmental co-morbidities and differential diagnosis Professor Raja Mukherjee, Professor at University of Surrey Medical School, Adult Learning Disability Consultant Psychiatrist at Surrey and Borders Partnership NHS Foundation Trust
1.35 - 2.05pm	Common prescribing errors and complex prescribing Dr Ulrich Müller-Sedgwick, ADHD Champion at the Royal College of Psychiatrists, Consultant Psychiatrist at Health & Care Jersey, Life Member of Clare Hall at University of Cambridge
2.05 - 2.20pm	Q&A Session
2.20 - 2.50pm	Afternoon break
	Session 4 Chaired by Dr Sophia Senthil
2.50 - 4.00pm	Management of adult ADHD Ruth Marlow, Clinical and Community Psychologist, Professional lead – ADHD service, Devon Adult Autism and ADHD Service Alice Palmer, Lived experience
4.00 - 4.15pm	Q&A Session
4.15 - 4.30pm	Closing remarks Dr Ulrich Müller-Sedgwick
4.30pm	Event Close