

Eating Disorders and Perinatal Joint Faculty Conference 2025

Friday 5 September 2025 | BMA Scotland

@RCPsychScot | #ScotEDPN25

Morning Session “Nutrition and mental health across the age range” Chair: Katherine Morton	
09:00 – 09:30	Arrival & Registration
09:30 – 09:35	Faculties’ Welcome Louise Johnston, Consultant Psychiatrist, NHS Grampian and Chair, RCPsychiS Eating Disorders Faculty and Gavin Philipson, RCPsychiS Perinatal Faculty (TBC)
09:35 – 10:00	ED & Perinatal Lived Experience Annie Morrison
10:00 – 11:00 (live streamed)	Nutritional Psychiatry: Evidence, Mechanisms, Clinical Translation, and Global Policy Imperatives Deakin Distinguished Professor Felice Jacka OAM, Director, Food & Mood Centre, IMPACT, Deakin University, Australia; Founder, International Society for Nutritional Psychiatry Research (ISNPR)
11:00 – 11:15	BREAK
11:15 – 12:00	Title TBC Dr Iain Campbell, Baszucki Research Fellow in Metabolic Psychiatry Division of Psychiatry, University of Edinburgh
12:00 – 13:00	WORKSHOP - Nutrition in Pregnancy Marney Ackroyd, Clinical Team Lead and Specialist Dietitian, Tertiary Eating Disorder Specialist Service (TESS), NHS Lanarkshire
13:00 – 14:00	LUNCH
Afternoon Session “Improving the Patient Journey” Chair: TBC	
14:00 – 14:30	Title TBC Alex Jones, National Lead, BEAT Scotland
14:30 – 15:15	Restricted Intake Self Harm (RISH) Clare Ellison, CYP Eating Disorders Service Improvement Lead & Advanced Eating Disorders Dietitian, Cumbria Northumbria Tyne and Wear NHS Foundation Trust
15:15 – 15:30	BREAK
15:30 – 15:45	Session TBC (ECT in post partum illnesses) Julie Martin-Langan (TBC)
15:45 – 16:15	Title TBC Rebecca French, Everyone’s Business Co-ordinator (Scotland), Maternal Mental Health Alliance
16:15 – 16:45	Panel Discussion / Closing Remarks

