

RCPsych Conference 2025

Date: Tuesday 18th November 2025

Venue: Prescot Street, in-person and live-streamed

Time	Session		
8.30am	Registration and refreshments		
Session 1			
Chair: Dr Livia Martucci, Chair of the Faculty			
9.15am	Welcome and introductory remarks Dr Livia Martucci		
9.30am	What can we learn from hunter-gatherers about child and maternal mental health? Dr Annie Swanepoel, Consultant CAMHS Psychiatrist, North East London NHS Foundation Trust Dr Nikhil Chaudhary, Asst. Professor in Evolutionary Anthropology, University of Cambridge		
10.05am	Questions		
10.15am	Psychopharmacology in the perinatal period: updates Professor Angelika Wieck, Honorary Consultant Psychiatrist at the Greater Manchester NHS Foundation Trust and Honorary Senior Lecturer at the University of Manchester		
10.50am	Questions		
11.00am	Morning break and poster viewing		
3 Parallel workshops			
11.25am	A choice of three workshops		
	Workshop on Hyperemesis Gravidarum Dr Melanie Nana, Locum Consultant in Obstetric Medicine, GSTT NIHR Clinical Research Fellow, KCL	Workshop on perinatal women in prison Dr Caroline Pontvert, Consultant Perinatal Psychiatrist, Perinatal Mental Health Service - Health & Justice Services Directorate, Central and North West London NHS FT	Mother nature project Dr Katherine Hall, NIHR Doctoral Fellow – university of Bristol

Conference Programme

		Christy Pitfield, Perinatal psychologist, Central and North West London NHS Foundation Trust	
12.20pm	Lunch		
Session 2			
1.15pm	Margaret Oates Research Prize Winner Exploring associations between maternal mental health, perinatal care, and early childhood development Chair: Dr Mano Manoharan Dr Asilay Seker. Clinical Research Fellow, Child and Adolescent Psychiatry, King's College London		
1.30pm	Daksha Emson Prize – Trainees Oral presentations Chairs: Dr Archana Jauhari, Dr Mano Manoharan, Dr Chaya Mupiri and Dr Sanne Van Rhijn		
2.00pm	ADHD in the perinatal period – diagnosis and management Chair: Dr Livia Martucci Dr Joe Johnson, Consultant Psychiatrist, Northwest Boroughs NHS foundation, UKAAN Northwest Lead and Trainer		
2.35pm	Questions		
2.45pm	Afternoon break		
Session 3			
Chair: Dr Livia Martucci			
3.10pm	Awarding of prizes Dr Mano Manoharan & Dr Chaya Mupiri		
3.15pm	Sleep and perinatal mental health Dr Ranga Rao, Consultant Perinatal Psychiatrist, South London and Maudsley NHS Foundation Trust & Honorary Consultant Psychiatrist at the Sleep Disorders Centre, Guys Hospital, London		

Conference Programme

3.50pm	Questions
4.00pm	Health inequalities Dr Raj Mohan, Consultant Perinatal Psychiatrist, South London and Maudsley NHS Foundation & College's Joint Presidential Leads for Equity and Equality
4.25pm	Mind the gap: tackling inequality in perinatal mental health care Dr Nikolina Jovanović, Consultant Psychiatrist, East London NHS Foundation Trust and Reader in Perinatal Psychiatry, Wolfson Institute of Population Sciences, Queen Mary University of London, NIHR Integrated Academic Training Lead (Psychiatry)
4.45pm	Questions
4.55pm	Closing comments Dr Livia Martucci
5.00pm	Conference close

Please note this programme is subject to change

RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.

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