

Occupational Psychiatry Special Interest Group Annual Conference 2025

Work and Mental Health: Clinical, Organisational and Systemic Action

Date: Tuesday 30 September 2025

Venue: Royal College of Psychiatrists, 21 Prescot Street, London, E1 8BB

Time	Session
8.30am - 9.00am	Registration
9.00am	Welcome Dr Darren Minshall, Chair OPSIG
9.10am	Plenary 1 - NHS: epidemiology and treatment Chair: Dr Darren Minshall, Chair OPSIG
9.10am	NHS Check – latest evidence for the workforce Dr Danielle Lamb, Senior Research Fellow, Department of Applied Health Research, University College London
9.30am	Staff Mental Health Service – Clinical Insights and Health Economics Evaluation Dr Muzaffer Kaser, Consultant Psychiatrist, Staff Mental Health Service, Cambridgeshire and Peterborough NHS Foundation Trust Affiliated Assistant Professor, Department of Psychiatry, University of Cambridge
9.50am	Practitioner Health Programme Dr Zaid Al-Najjar, Medical Director, NHS Practitioner Health
10.10am	Q&A
10.25am - 10.55am	Break
10.55am	Plenary 2 - Workplace occupational mental health

	Chair: Professor Neil Greenberg, Society of Occupational Medicine, King's College London, March on Stress Ltd
10.55am	Explaining the workplace mental health paradox Professor Nick Glozier, Professor of Psychological Medicine, University of Sydney
11.15am	Supporting Mental Health in Healthcare Workers Professor Gail Kinman, Birkbeck University of London and Society of Occupational Medicine Dr Kevin Teoh, Senior Lecturer, Birkbeck, University of London
11.45am	Keynote presentation - Occupational medicine – work and health Dr Robin Cordell, President, Faculty of Occupational Medicine
12.10pm	Q&A
12.25pm - 1.25pm	Lunch
1.25pm	Plenary 3 - Medical leadership and regulation Chair: Dr Mark Tarn, GMC
1.25pm	Myth busting: fitness to practice and medical regulation Mr Sav Tyrimos, Senior Case Examiner, General Medical Council
1.45pm	Representing the medical profession Dr Andrew Molodynski, Oxford Health NHSFT
2.05pm	Poster prize winner presentation: Psychiatry and Occupational Medicine – A Resident Perspective Dr Olufemi Talabi, Occupational Medicine Registrar, St George's NHS University Foundation Trust
2.15pm	Medical leadership for workforce health and wellbeing Professor Derek Tracy, Chief Medical Officer, South London and Maudsley NHS Foundation Trust. The Institute of Psychiatry, Psychology, and Neuroscience, King's College London
2.35pm	Q&A
2.50pm - 3.20pm	Break

3.20pm	Plenary 4 - Trauma-exposed workers Chair: Dr Peter McAllister, OPSIG Finance Officer
3.20pm	Staff Support for Medical Emergency Humanitarian Aid Workers: Medecins Sans Frontieres – international humanitarian aid workforce Ms Fran Miller, Medecins Sans Frontieres Staff Health Unit South London and Maudsley NHS Trust: Lambeth SCPT Tier 3 C PTSD pathway Ms Sheila Ravindran, Medecins Sans Frontieres Staff Health Unit & NHS
3.50pm	Armed Forces and the Defence Medical Services Dr Elizabeth Hunt, Ministry of Defence
4.10pm	Supporting trauma-exposed populations Professor Neil Greenberg, Society of Occupational Medicine, King's College London, March on Stress Ltd
4.30pm	Q&A
4.45pm	Close of conference Dr Peter McAllister
4.55pm	End of conference