

[illegible]

Tuesday 24 June											
	Auditorium <i>Awditoriwm</i>	Meeting room 1 <i>Ystafell gyfarfod 1</i>	Meeting room 2 <i>Ystafell gyfarfod 2</i>	Meeting room 3 <i>Ystafell gyfarfod 3</i>	Main hall P <i>Prif neuadd P</i>	Main hall <i>Prif neuadd</i>	Meeting room 4 <i>Ystafell gyfarfod 4</i>	Congress cafe	Students and resident doctors lounge	Congress lounge	Woodland and outside
8.00am 9.00am	Registration										
8.00am 8.45am				Mindfulness: life step by step - a mindful exploration						Yoga	Reconnecting through the senses: a nature-based pause
	Keynotes will take place in the auditorium			Meeting room 3	Main hall P						
9.00am 9.30am	KN5 5 Clozapine monitoring failures, schizophrenia and my brother Wim. A sister's story of his life, death and legacy: launching "Wim's Protocol." Ms Kate Northcott-Spall			Keynote overflow room Quiet space	Keynote overflow room						
9.30am 10.00am	KN6 Mental health and a Labour Government: one year in Baroness Luciana Berger, House of Lords			Keynote overflow room Quiet space	Keynote overflow room						
10.00am 10.30am	KN7 Moving towards prevention for mental disorders Professor Mary Cannon, RCSI University of Medicine and Health Sciences			Keynote overflow room Quiet space	Keynote overflow room						
10.30am 11.00am	Break – refreshments served in Main hall					Pitch your poster sessions	Break – refreshments served in Main hall				
11.00am 12.15pm	S16 Everything you should know about hoarding	S17 Inflammation-associated depression: an update on clinical presentation, blood immunometabolic signatures and potential neuro-immune mechanisms	S18 But I'm not an academic: getting started in psychiatric research	S19 Talking about violence against women and girls: engaging men in constructive conversations around risk prevention	S20 Key topics in addiction – ketamine, methamphetamine and improving outcomes for psychiatric patients who use alcohol				Doing do-able jobs: a masterclass in coaching and mentoring		
12.15pm 12.25pm											
12.25pm 1.40pm	S21 Assisted dying and euthanasia law - learning from alternative perspectives	S22 'Difficult to treat' depression and anxiety disorders: definition and options for further pharmacological treatment	S23 Learning to deal with problematic usage of the Internet	S24 Embedding nature-based interventions in mental healthcare: from evidence to practice and experience	S25 The future of psychosis prediction and prevention						
1.40pm 2.40pm	Lunch – served in Main hall (a plain food station will also be available)	SIG fair (lunch served in room)	Welsh National Opera	Lunch – served in Main hall (a plain food station will also be available)		Rapid-fire poster presentations	SAS doctors lounge: Leadership (lunch served in room)	Examiners lunch (lunch served in room)	Portfolio online (lunch served in room)	An introduction to Welsh/Cyflwyniad i'r Gymraeg	Outdoor sketching workshop
	Keynotes will take place in the auditorium			Meeting room 3	Main hall P						
2.40pm 3.10pm	KN8 Rare genetic mutations are associated with high likelihood of mental and physical health conditions throughout the lifespan Professor Marianne van den Bree, Division of Psychological Medicine and Clinical Neurosciences, Cardiff University			Keynote overflow room Quiet space	Keynote overflow room						
3.10pm 3.40pm	KN9 Breadth and depth in ADHD Professor Philip Shaw, King's Maudsley Partnership for Children and Young People			Keynote overflow room Quiet space	Keynote overflow room						
3.40pm 4.10pm	Break – refreshments served in Main hall					Pitch your poster sessions	Break – refreshments served in Main hall				
4.10pm 5.25pm	S26 Premenstrual dysphoric disorder: hiding in plain sight	S27 Addressing the treatment and prevention gap for eating disorders through integrated policy and public mental health approaches	S28 Breaking news from clinical trials	S29 Multimorbidity, prescribing and care outcomes in psychiatry: Robert Kerwin prize symposium	S30 Protecting physical health in people with mental illness: 2025 updates for the Lancet Psychiatry Commission		Confident communication – media and social media training for members				
5.30pm 6.45pm	Invisible: short film based on lived experience of fathers mental health following the arrival of a new baby - followed by a Q&A			BJPsych Open 10th Anniversary - celebrating a decade of excellence				Mix and mingle – space to socialise		Put your left foot in...	Nature walk
6.15pm	Student and resident doctor social (pre-booked tickets only) – Students and resident doctors lounge, ICC Wales										

Wednesday 25 June											
	Auditorium <i>Awditoriwm</i>	Meeting room 1 <i>Ystafell gyfarfod 1</i>	Meeting room 2 <i>Ystafell gyfarfod 2</i>	Meeting room 3 <i>Ystafell gyfarfod 3</i>	Main hall P <i>Prif neuadd P</i>	Main hall <i>Prif neuadd</i>	Meeting room 4 <i>Ystafell gyfarfod 4</i>	Congress cafe	Students and resident doctors lounge	Congress lounge	Woodland and outside
8.00am 9.00am	Registration										
8.00am 8.45am				Mindfulness: life step by step - a mindful exploration						The Movement – connecting your mind and body	Congress 5km run
	Keynotes will take place in the auditorium			Meeting room 3	Main hall P						
9.00am 9.30am	KN10 Lonesome no more? Or why mental health services should be Professor Simon Gilbody, University of York			Keynote overflow room Quiet space	Keynote overflow room						
9.30am 10.00am	KN11 Gut feelings: the microbiome and mental health Professor John Cryan, University College Cork			Keynote overflow room Quiet space	Keynote overflow room						
10.00am 10.30am	Break – Refreshments served in Main hall					Pitch your poster sessions	Break – Refreshments served in Main hall				
10.30am 11.45am	S31 Disorders at the interface of neurology and psychiatry – part one	S32 When cognitive neuroscience meets clinical practice: the OCD and schizophrenia continuum	S33 ‘A tale of six cities’: international perspectives on deliberate self-harm and suicidal behaviour in prison	S34 Bridging the gap: opportunities for impact outside the NHS	S35 How can psychiatrists tackle the insomnia epidemic? Treatment, service provision and pathways				Doing do-able jobs: a masterclass in coaching and mentoring		
11.45am 11.55am											
11.55am 1.10pm	S36 Disorders at the interface of neurology and psychiatry – part two	S37 What must change to improve women’s mental health care?	S38 Modernising the Mental Health Act 1983	S39 Scapegoating in psychiatry: understanding, addressing, and preventing blame cultures	S40 A 21st century renaissance – emerging from the ‘dark ages’ in bipolar disorder						
1.10pm 2.10pm	Lunch – served in Main hall (a plain food station will also be available)			Crafting the life you dream of		Rapid-fire poster presentations	SAS doctors lounge: meet the College Officers (lunch served in room)		Meet the Chief Examiner (lunch served in room)	Faculty meet and greet	Weaving with nettles: crafting connection through cordage
	Keynotes will take place in the auditorium			Meeting room 3	Main hall P						
2.10pm 2.40pm	KN12 Landscapes of change: reimagining inner and outer worlds Dr Marchelle Farrell, Author and Medical Psychotherapist			Keynote overflow room Quiet space	Keynote overflow room						
2.40pm 3.10pm	KN13 Methamphetamine pharmacotherapy options: existing evidence and new directions Professor Rebecca McKetin, National Drug and Alcohol Research Centre, University of New South Wales			Keynote overflow room Quiet space	Keynote overflow room						
3.10pm 3.40pm	Break – refreshments served in Main hall					Pitch your poster sessions	Break – refreshments served in Main hall				
3.40pm 4.55pm	S41 Disorders at the interface of neurology and psychiatry – part three	S42 Doctors referred to the regulator - addressing the mental health impact through a collaboration between the RCPsych and the GMC	S43 Towards a safer future: effective approaches to implementing safety recommendations in mental health services	S44 Waves of hope. Personal stories about Electroconvulsive Therapy. A book presentation	S45 Prevention: the modern art and science for protecting and promoting mental health		Confident communication – media and social training for members				
4.55pm 5.05pm											
5.05pm 6.20pm	S46 Disorders at the interface of neurology and psychiatry – part four	S47 Chronobiology – practical strategies in clinical practice	S48 The intergenerational transmission of poor mental health: what can we do to help?	S49	S50 How low can you go? Can brief interventions improve the mental health of people with personality disorder?						
6.20pm								Mix and mingle – space to socialise		Congress poetry reading	Nature walk
6.40pm 7.40pm	AGM										
8.00pm	Congress Party (pre-booked tickets only) – Newport Market, High Street, Newport, NP20 1FX										

