

NCAP EIP Audit 2025

Sampling guidance

This is the sampling guidance for the National Clinical Audit of Psychosis (NCAP) Early Intervention in Psychosis (EIP) Audit 2025.

The NCAP EIP Audit 2025 will evaluate the provision of NICE-recommended care to patients under your EIP service by benchmarking your data against the NCAP standards. The standards are the same as those audited against in the 2024 Bespoke audit, and include the following:

- Timely access
- Cognitive Behavioural Therapy for Psychosis (CBTp)
- Family intervention
- Prescribing of Clozapine
- Supported employment and/or education programmes
- Physical health screening
- Physical health interventions
- Carer-focused education and support programmes
- Recording of outcome measures

Sample size

- There is no minimum or maximum sample size for the audit. Teams should submit data for all eligible patients on their caseload.

Eligibility criteria for patients in the NCAP EIP Audit 2025:

- Patients aged 65 years and under.
- On the caseload of the EIP team OR
- On the caseload of the Children and Young People's Mental Health (CYPMH) teams/ Child and Adolescent Mental Health Services (CAMHS) where EIP teams do not extend their offer to CYP
- The patient has first episode psychosis (FEP).
- Patient is still on the caseload and has been on the team's caseload for at least 12 months at the start of the sampling/data collection period (**13 June 2025**).

Exclusions

- Patients who are experiencing psychotic symptoms due to an organic cause, for example, brain diseases such as Huntington's and Parkinson's disease, HIV or syphilis, dementia, or brain tumours or cysts should **not** be included in the sample.
- Exclude patients who spend most of their time residing in a different locality due to attendance at university.

Sampling method

1. Identify all patients meeting the eligibility criteria at the start of sampling/data collection (**13 June 2025**) and their age on 13 June 2025.
2. For each patient on your caseload, you will be asked to include the following information:
 - **NCAP ID:** Please assign each patient in this sample an NCAP ID (number consecutively from NCAP1 to NCAPn). Please **do not** use the patient's name, NHS number/ Individual Health Identifier (IHI), initials or any ID that may be used to identify a patient, and do not send your list of pseudonymized IDs linked to the original patient identifiers to the NCAP team, as this may constitute a breach of patient confidentiality.
3. Please note the number of patients in the Organisation who meet the eligibility criteria but have not been included in the audit as they have chosen to opt-out. Please do not include any patients that have opted out.
4. Please note that for this audit there will be **no data cleaning**. This means the data you submit to the NCAP team will not be queried if it is missing or seems to be incorrect.
5. Data will be collected through the online SNAP tool, which allows teams to return to saved entries at a later point. Please ensure that after all data entry for a single casenote is complete, you click the submit button at the bottom of the form to submit the data to the NCAP team. **Data that is saved but not submitted will not be received by the NCAP team.**
6. Data collection will conclude 4 pm on 25 July 2025, at which point the data collection tool on SNAP will close.

If you have any queries, please contact the NCAP team at NCAP@rcpsych.ac.uk