

1 | Belonging

The nature and quality of relationships are of primary important

Good relationships make a huge difference to how everyone feels about a place. This standard is about all relationships in your service- both formal ones and informal peer relationships. It is about creating opportunities for people to talk to each other, making newcomers welcome, acknowledging when people leave, making people feel they belong.

During a time of stress this is more important than ever. Connecting with others to feel safe is especially important when life feels uncertain. If you have had difficult attachment before, it can be especially hard; you will need to talk to people and get support.

Who can you talk to now if you are worried or frightened? But also who can you have a laugh with and relax with? Everyone will be feeling this way, and you can support each other, you are in it together – physically distanced but emotionally, socially together.

