

Special Interest Day: The Use of Security and Restraint in Acute Hospitals

Friday 21 March 2025, Online, via Zoom

10:00	Chair's Welcome <i>Raja Badrakalimuthu, Consultant Liaison Psychiatrist, Surrey and Borders Partnership NHS Foundation Trust</i>
10.05	READY for Action, from Force to Care: Enhancing Hospital Staff Skills in Therapeutic Holding and De-Escalation <i>Isabel Paz, Consultant Child and Adolescent Psychiatrist, Bianca Tingle, Consultant in Paediatric Anaesthesia</i>
10:50	Minimising use of force - A Lived Experience Perspective <i>Emma McAllister, Lived Experience Representative RCPsych Liaison Psychiatry Faculty and Academic Psychiatry Faculty</i>
11:35	Break
11.45	Use of Security and Restraint in Acute Hospital Settings: Clinical, Legal and Ethical Considerations <i>Mayura Deshpande, RCPsych Associate Registrar for Policy and Consultant in Forensic Psychology, Southern Health NHS Foundation Trust</i>
12:30	Minimising Restrictive Practice - A Multiprofessional Approach <i>Mike Pearce, Consultant in Emergency Medicine and Emergency Department Lead for Mental Health, Northampton General Hospital</i> <i>Sunil Sthanakiya, Principle Clinical Psychologist Acute Liaison Mental Health Service, Northampton General Hospital</i> <i>William Inkson, Deputy Security Manager and Conflict Resolution Training Lead Northampton General Hospital</i>
1.15	Lunch Break
14:30	Mental Health and Police in the Emergency Department <i>Alex Thomson, Consultant Liaison Psychiatrist, Clinical Lead for Liaison Psychiatry and Urgent and Emergency Care, Central and North West London NHS Trust, Acting Chair, RCPsych Faculty of Liaison Psychiatry</i>
15:15	Q&A and Panel Discussion <i>Miriam Harris, Ealing Site Medical Manager, London North West University Healthcare Trust and Member of PLAN Advisory Group</i> <i>Chelsea Drake, Urgent Care Development Lead, Greater Manchester NHS Foundation Trust</i> <i>Sarah Eales, PLAN Accreditation Committee Chair, Lead Matron for Mental Health, University Hospital Southampton NHS Foundation Trust</i> <i>Eleanor Wilkinson, PLAN Patient Representative</i>
16.00	Closing comments <i>Raja Badrakalimuthu, Consultant Liaison Psychiatrist, Surrey and Borders Partnership NHS Foundation Trust</i>
16.05	Close