

Special Interest Day: The Use of Security and Restraint in Acute Hospitals

Friday 21 March 2025, Online, via Zoom

 in Forensic Psychology, Southern Health NHS Foundation Trust 12:30 Minimising Restrictive Practice - A Multiprofessional Approach Mike Pearce, Consultant in Emergency Medicine and Emergency Department Lead for Mental Health, Northampton General Hospital Sunil Sthanakiya, Principle Clinical Psychologist Acute Liaison Mental Healt Service, Northampton General Hospital William Inkson, Deputy Security Manager and Conflict Resolution Training Lead Northampton General Hospital 1.15 Lunch Break 14:30 Mental Health and Police in the Emergency Department Alex Thomson, Consultant Liaison Psychiatrist, Clinical Lead for Liaison Psychiatry and Urgent and Emergency Care, Central and North West London NHS Trust, Acting Chair, RCPsych Faculty of Liaison Psychiatry 15:15 Q&A and Panel Discussion Miriam Harris, Ealing Site Medical Manager, London North West University Healthcare Trust and Member of PLAN Advisory Group Chelsea Drake, Urgent Care Development Lead, Greater Manchester NHS Foundation Trust 	10:00	Chair's Welcome
 10.05 READY for Action, from Force to Care: Enhancing Hospital Staff Skills in Therapeutic Holding and De-Escalation Isabel Paz, Consultant Child and Adolescent Psychiatrist, Bianca Tingle, Consultant in Paediatric Anaesthesia 10:50 Minimising use of force - A Lived Experience Perspective Emma McAllister, Lived Experience Representative RCPsych Liaison Psychiatry Faculty and Academic Psychiatry Faculty 11:35 Break 11:45 Use of Security and Restraint in Acute Hospital Settings: Clinical, Legal and Ethical Considerations Mayura Deshpande, RCPsych Associate Registrar for Policy and Consultant in Forensic Psychology, Southern Health NHS Foundation Trust 12:30 Minimising Restrictive Practice - A Multiprofessional Approach Mike Pearce, Consultant in Emergency Medicine and Emergency Department Lead for Mental Health, Northampton General Hospital Sunil Sthanakiya, Principle Clinical Psychologist Acute Liaison Mental Health Service, Northampton General Hospital William Inkson, Deputy Security Manager and Conflict Resolution Training Lead Northampton General Hospital 1.15 Lunch Break 14:30 Mental Health and Police in the Emergency Department Alex Thomson, Consultant Liaison Psychiatrist, Clinical Lead for Liaison Psychiatry and Urgent and Emergency Care, Central and North West London NHS Trust, Acting Chair, RCPsych Faculty of Liaison Psychiatry Healthcare Trust and Member of PLAN Advisory Group Chelsea Drake, Urgent Care Development Lead, Greater Manchester NHS Foundation Trust Sarah Eales, PLAN Accreditation Committee Chair, Lead Matron for Mental Health, University Hospital Southampton NHS Foundation Trust Eleanor Wilkinson, PLAN Patient Representative 16.00 Closing comments Raja Badrakalimuthu, Consultant Liaison Psychiatrist, Surrey		Raja Badrakalimuthu, Consultant Liaison Psychiatrist, Surrey and Borders
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