NATIONAL COLLABORATING CENTRE FOR MENTAL HEALTH



CONSISTENCY IMPLEMENTING CHANGE IDEAS

Share information widely to keep consitency

Celebrate small wins, such as a dot-free day on the safety cross

Look at existing staff strengths within the team

Team meeting chaired by a different grade each week

Select the right people in the team to be consistent

Have a 'change idea' meeting to review PDSAs every two weeks

Organisational buy in to support e.g. supernumerary days

Staff each taking a lead role on the ward

Nurturing small valuable conversations

Breaking hierarchy and empowering everyone

Keep momentum with the project

Collaborative note writing

Lead with positives and embed this in everyday practice