

ORIENTATION TO

WHO mhGAP Humanitarian Intervention Guide & WHO Psychological First Aid

PRACTICAL INTERACTIVE WORKSHOP

GLOBAL EMERGENCY MENTAL HEALTH ONE-DAY DUAL TRAINING EVENT

Friday 13th September 2019 RCPsych London 10:00-16:30

£80

(£40 trainees & retirees, £ree medical students)

Booking essential, places limited
6 CPD points as agreed by peer group
Royal College of Psychiatrists, 21 Prescot Street, London E1 8BB

A practical orientation to using WHO HIG & PFA in humanitarian settings in low- and middle- income countries

Facilitated by: Drs Sophie Thomson & Peter Hughes, experienced Consultant Psychiatrists

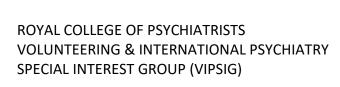
Humanitarian Intervention Guide is clinical guide on mental, neurological and substance use disorders for people who work in a range of emergency settings from e.g. armed conflicts to natural and industrial disasters.

Psychological First Aid is supported by a growing international consensus on how to support people in the immediate aftermath of extremely stressful events. It involves providing humane, supportive and practical help in serious crises.

Applicability and transferable skills for UK. Valuable for all grades. Trainees & students very welcome.

Booking: https://www.rcpsych.ac.uk/events/conferences/detail/2019/09/13/default-calendar/vipsig-orientation-to-who-mhgap-humanitarian-intervention-guide

Further info: Catherine Langley, Catherine.Langley@rcpsych.ac.uk





ORIENTATION TO WHO mhGAP Humanitarian Intervention Guide & WHO Psychological First Aid

PRACTICAL INTERACTIVE WORKSHOP ONE-DAY TRAINING Friday 13th September 2019

Leads: Drs Sophie Thomson & Peter Hughes

Facilitators: Drs Jane Mounty, Mandip Jheeta, Ruairi Page & Louay El-Tagy

**Please bring a copy of the mhGAP HIG & PFA with you to the event, there will be a very limited number of copies available on the day

0930	Registration
10.00	Introduction & audience's objectives
10.15	Humanitarian Intervention Guide (HIG) & General Principles of Care
11.00	COFFEE
11.30	Acute stress, PTSD & Suicide
13.00	LUNCH
14.00	HIG Practical Exercises
14.30	Psychological First Aid (PFA)
15.00	TEA
15.30	PFA Practical Exercises
16.00	Q&A & Plenary
16.30	Close