## SHiFT

The 'Line managers' resource' is a practical guide to managing and supporting people with mental health problems in the workplace. The line managers resources include checklists for managers on topics such as Managing for mental health: Policies and procedures

- ✓ Does your organisation have a stated objective to promote the mental and physical well-being of employees through awareness raising activity and/or training / staff induction?

- ✓ Is there a person with a clear lead for workplace health?

- ✓ Does your organisation have a mental health policy?

- ✓ Is mental health specifically covered in relevant policies e.g. health and safety, flexible working, work-life balance, equal opportunities, diversity?

- ✓ Are you aware of your duties under the Equality Act?

- ✓ Are you aware of your duties under health and safety legislation?

- ✓ Are you familiar with your organisation's policy around sickness absence?

- ✓ Are there any policies or procedures around planning and monitoring the return to work from sickness?

- ✓ Do you evaluate the effectiveness of the above policies?