



**International
Diploma**
*in Older Adults'
Mental Health*



Entry Requirements

The RCPsych International Diploma in Older Adults' Mental Health is designed for doctors outside the UK, to support ongoing training in older adults' mental health in countries where psychiatric training is focused on working age adults.

This is a one-year knowledge enhancement programme. This course will provide a solid foundation if you are considering a career in older adults' mental health or updating your existing knowledge.

The diploma is aimed primarily at those with no specialist training in old age psychiatry.

Candidates applying to the RCPsych International Diploma must:

- Hold a primary medical qualification from a recognised medical institution. Please visit the [World Directory of Medical Schools](#).
- Have at least three years' postgraduate experience working as a psychiatrist, or other doctor with significant experience of working in the field of mental health (e.g. family practitioners). We recommend contacting the RCPsych prior to applying to discuss the expected level of knowledge.
- Hold professional medical registration with their local regulatory body.
- Be confident in speaking, writing, reading and listening in the English language to comfortably navigate the course. Whilst no evidence of English competency is required, for



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guidance, we recommended English language proficiency is equal to [IELTS Level 6](#). There are free tests available online from external providers to give you an indication of your English level of proficiency, some examples can be found below:

- [English test with free certification | EF SET](#)
- [Free English Test · Online English Proficiency Test | EnglishRadar](#)
- Have professional experience in older adults' mental health or aspire to practise in older adults' mental health upon successful completion of the RCPsych International Diploma in Older Adults' Mental Health.
- Demonstrate, via a personal statement, their motivations for applying, including interest in the subject and what they hope to gain from the programme. Applicants may be invited to a brief conversation with the course directors to discuss suitability.
- If successful, the course fee of £6,000 will be payable in full prior to the start of the programme in September 2025.

Documents Required

- Completed application form
- Evidence of a primary medical qualification from a [recognised medical institution](#), with certified translations if not in English.
- Evidence of professional medical registration
- Copy of photo ID e.g. passport, driving licence (with all details clearly legible)